



ZERONA Patient Tracking Log

Clinical trials have established that ZERONA emulsifies the fat in the patient 100% of the time. Data gathered over 18,000 patients indicates that approximately 6% of the population is unable to effectively eliminate the emulsified fat through their system due to a variety of reasons. The most common reason a patient may not be able to eliminate the fat is that proper protocol is not followed, for example, if the patient continues to drink alcohol or ingest fatty foods, this inhibits the bodies ability to process the emulsified fat.

By reviewing the following protocol with the patient before each treatment we see that patient compliance improves as do ZERONA results. Please take a moment before each treatment to briefly discuss each important step below and have patient initial their adherence to the program.

Patient Name _____ Physician Name _____

CHECK OFF AND INITIAL TO INDICATE EACH ITEM DISCUSSED BEFORE EACH TREATMENT

Zerona Treatment Day	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Limited Guarantee Treatments						
							Day 7	Day 8	Day 9	Day 10	Day 11	Day 12	
Curva													
Hydration													
Exercise													
Eliminated alcohol and caffeine													
Lymphatic Stimulation													
Staff Initials													
Patient Initials													

FOLLOWING ZERONA STEPS TO SUCCESS

Curva	CURVA is a proprietary blend created to enhance your body's ability to process and remove emulsified fat. Take twice daily with meals.
Hydration	Drink a minimum of 64 ounces of water each day. That's 8 eight ounce glasses throughout the day.
Exercise	Maintain your workout regimen. If you do not work out, walk for 30 minutes each day throughout your treatments.
Diet	Eat sensibly and reduce your fat and caloric intake.
Eliminated alcohol and caffeine	Alcohol and caffeine are diuretics and inhibit the body's ability to break down fat.
Lymphatic Stimulation	Stimulating your lymphatic system helps the body process the fat. This can be done by getting a lymphatic massage, wearing a compression garment or light exercise.